

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
1	1	Hinrichs, Jesse	98		mJA	1	59:21
		Schwim = 00:08:32 (1) - Rad = 00:32:15 (11) - Lauf = 00:18:34 (2)					
2	2	Feldschnieders, Mark	80	LC Nordhorn	TM35	1	1:00:32
		Schwim = 00:10:09 (2) - Rad = 00:31:35 (3) - Lauf = 00:18:48 (3)					
3	3		86	VFL Oldenburg	TM25	1	1:00:55
		Schwim = 00:11:23 (20) - Rad = 00:31:05 (2) - Lauf = 00:18:27 (1)					
4	4	Lawendel, Mario	83		TM30	1	1:02:29
		Schwim = 00:10:25 (3) - Rad = 00:32:11 (9) - Lauf = 00:19:53 (6)					
5	5	Schulte, Christian	76	LC Nordhorn	TM35	2	1:03:23
		Schwim = 00:11:43 (24) - Rad = 00:30:39 (1) - Lauf = 00:21:01 (9)					
6	6	Frerichs, Jamal	93		TM20	1	1:04:54
		Schwim = 00:10:46 (8) - Rad = 00:33:37 (23) - Lauf = 00:20:31 (7)					
7	7	Meyer, Markus	73	TuS BW Lohne Triathlon	TM40	1	1:05:22
		Schwim = 00:10:31 (5) - Rad = 00:32:50 (16) - Lauf = 00:22:01 (19)					
8	8	Pancratz, Johannes	87	Tri-Freaks-Friesoythe	TM25	2	1:05:28
		Schwim = 00:10:52 (10) - Rad = 00:32:17 (12) - Lauf = 00:22:19 (23)					
9	1		88	Tri Team Schwarme	TW25	1	1:05:30
		Schwim = 00:10:39 (6) - Rad = 00:33:45 (26) - Lauf = 00:21:06 (10)					
10	9	Ehrentraut, Mathias	79		TM35	3	1:05:59
		Schwim = 00:10:52 (11) - Rad = 00:32:42 (15) - Lauf = 00:22:25 (25)					
11	10	Asbrede, Thomas	84		TM30	2	1:06:05
		Schwim = 00:12:08 (30) - Rad = 00:32:32 (14) - Lauf = 00:21:25 (15)					
12	11	Doodemann, Stephan	65	Lauftreff Ganderkesee	TM50	1	1:06:08
		Schwim = 00:14:22 (74) - Rad = 00:32:00 (6) - Lauf = 00:19:46 (4)					
13	12	Aschermann, Lennart	91	LC Nordhorn	TM20	2	1:06:42
		Schwim = 00:12:19 (32) - Rad = 00:31:58 (5) - Lauf = 00:22:25 (26)					
14	13	Hake, Patrick	89		TM25	3	1:06:49
		Schwim = 00:11:37 (21) - Rad = 00:33:50 (27) - Lauf = 00:21:22 (13)					
15	14	Kallabis, Michael	69	Lingen	TM45	1	1:07:09
		Schwim = 00:11:48 (25) - Rad = 00:34:04 (33) - Lauf = 00:21:17 (11)					
16	15	Padeken, Tom	94	VTB Varel Triathlon	TM20	3	1:07:29
		Schwim = 00:11:10 (17) - Rad = 00:34:25 (41) - Lauf = 00:21:54 (18)					
17	16	Brandt, Matthies	80	DLRG Weener	TM35	4	1:07:43
		Schwim = 00:10:26 (4) - Rad = 00:34:25 (42) - Lauf = 00:22:52 (34)					
18	17		81	The best of 1981	TM30	3	1:07:55
		Schwim = 00:12:43 (38) - Rad = 00:33:54 (28) - Lauf = 00:21:18 (12)					
19	2	Hinrichs, Britta	67		TW45	1	1:07:59
		Schwim = 00:10:57 (13) - Rad = 00:34:00 (32) - Lauf = 00:23:02 (36)					
20	18	Beator, Nico	81	SUS Darmer	TM30	4	1:08:03
		Schwim = 00:12:59 (44) - Rad = 00:32:53 (18) - Lauf = 00:22:11 (20)					
21	19	Glose, Frank	66		TM45	2	1:08:09
		Schwim = 00:13:03 (45) - Rad = 00:32:51 (17) - Lauf = 00:22:15 (22)					
22	20	Laker, Jens-Hermann	81	TUS Blau Weiss Lohne	TM30	5	1:08:29
		Schwim = 00:13:57 (63) - Rad = 00:32:18 (13) - Lauf = 00:22:14 (21)					
23	21	Gerdemann, Dirk	79	TUS Haren	TM35	5	1:08:31
		Schwim = 00:12:51 (41) - Rad = 00:35:01 (52) - Lauf = 00:20:39 (8)					
24	22	Wieferig, Jan-Philip	92		TM20	4	1:08:56
		Schwim = 00:13:18 (49) - Rad = 00:33:05 (19) - Lauf = 00:22:33 (28)					
25	23	Dehn, Jonas	95	Triabolas Hamburg e.V.	TM20	5	1:09:09
		Schwim = 00:11:17 (19) - Rad = 00:34:36 (46) - Lauf = 00:23:16 (38)					
26	24	von Garrel, Heiner	74		TM40	2	1:09:11
		Schwim = 00:11:38 (22) - Rad = 00:33:55 (29) - Lauf = 00:23:38 (42)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
27	25	Sonnenberg, Horst	63	DLRG Weener	TM50	2	1:09:28
		Schwim = 00:10:51 (9) - Rad = 00:33:18 (20) - Lauf = 00:25:19 (72)					
28	26		83	KRG Schwerin	TM30	6	1:09:38
		Schwim = 00:12:58 (42) - Rad = 00:35:14 (58) - Lauf = 00:21:26 (16)					
29	27	Unland, Ralf	64	Tri Team TUS Engter	TM50	3	1:09:59
		Schwim = 00:11:55 (26) - Rad = 00:33:56 (30) - Lauf = 00:24:08 (46)					
30	28	Casser, Matthias	98		mJA	2	1:10:12
		Schwim = 00:11:09 (16) - Rad = 00:35:30 (64) - Lauf = 00:22:33 (29) + 1:00 min (Windschattenfahren)					
31	29	Blank, Michael	64	TV Bous	TM50	4	1:10:14
		Schwim = 00:14:23 (75) - Rad = 00:32:13 (10) - Lauf = 00:23:38 (43)					
32	30	Schluchter, Thommy	72	Tri Team TUS Engter	TM40	3	1:10:20
		Schwim = 00:13:28 (54) - Rad = 00:33:58 (31) - Lauf = 00:22:54 (35)					
33	31	Reifenberg, Stefan	65	SSF Bonn Triathlon	TM50	5	1:10:23
		Schwim = 00:14:28 (76) - Rad = 00:32:05 (8) - Lauf = 00:22:50 (33) + 1:00 min (Windschattenfahren)					
34	32	Heinemann, Sven	94	DLRG OG Wardenburg	TM20	6	1:10:31
		Schwim = 00:13:25 (51) - Rad = 00:34:41 (48) - Lauf = 00:22:25 (27)					
35	33		69	LT Rahmsloh	TM45	3	1:10:33
		Schwim = 00:14:35 (82) - Rad = 00:31:42 (4) - Lauf = 00:24:16 (48)					
36	34		81		TM30	7	1:10:45
		Schwim = 00:13:48 (59) - Rad = 00:33:19 (21) - Lauf = 00:23:38 (44)					
37	35	Casser, Torben	96		mJun	1	1:11:08
		Schwim = 00:12:00 (27) - Rad = 00:37:46 (108) - Lauf = 00:21:22 (14)					
38	3	Bonsack, Rieke	97		wJun	1	1:11:11
		Schwim = 00:10:41 (7) - Rad = 00:34:45 (49) - Lauf = 00:25:45 (80)					
39	36	Ostendorf, Stefan	91	SV Teuto Riesenbeck	TM20	7	1:11:12
		Schwim = 00:12:28 (37) - Rad = 00:33:28 (22) - Lauf = 00:25:16 (70)					
40	37	Kruse, Markus	78		TM35	6	1:11:21
		Schwim = 00:12:14 (31) - Rad = 00:34:24 (40) - Lauf = 00:24:43 (59)					
41	38	Schwarte, Dieter	64		TM50	6	1:11:25
		Schwim = 00:14:33 (81) - Rad = 00:34:25 (43) - Lauf = 00:21:27 (17) + 1:00 min (Windschattenfahren)					
42	39		75	TSV Schwarme	TM40	4	1:11:38
		Schwim = 00:14:43 (87) - Rad = 00:34:13 (35) - Lauf = 00:22:42 (30)					
43	40		78		TM35	7	1:11:42
		Schwim = 00:11:10 (18) - Rad = 00:37:23 (100) - Lauf = 00:23:09 (37)					
44	4	Sieveke, Verena	82		TW30	1	1:11:55
		Schwim = 00:12:24 (35) - Rad = 00:36:14 (82) - Lauf = 00:23:17 (39)					
45	41	Klein, Tobias	82	SV Burgwedel Triathlon	TM30	8	1:12:32
		Schwim = 00:12:48 (40) - Rad = 00:35:26 (61) - Lauf = 00:24:18 (49)					
46	42		74		TM40	5	1:12:34
		Schwim = 00:19:00 (145) - Rad = 00:33:42 (25) - Lauf = 00:19:52 (5)					
47	43	Stolz, Axel	59	TSV Neuenkirchen	TM55	1	1:12:36
		Schwim = 00:14:29 (78) - Rad = 00:32:02 (7) - Lauf = 00:26:05 (89)					
48	44		81	TUS Rothenburg	TM30	9	1:12:44
		Schwim = 00:12:03 (29) - Rad = 00:36:49 (92) - Lauf = 00:23:52 (45)					
49	45	Kaphengst, Matthias	81	Schwimmverein Weser Breme	TM30	10	1:12:48
		Schwim = 00:13:47 (58) - Rad = 00:36:15 (83) - Lauf = 00:22:46 (31)					
50	46		73	SV Evenkamp	TM40	6	1:13:01
		Schwim = 00:14:06 (66) - Rad = 00:36:09 (81) - Lauf = 00:22:46 (32)					
51	47		95		TM20	8	1:13:06
		Schwim = 00:10:54 (12) - Rad = 00:38:03 (112) - Lauf = 00:24:09 (47)					
52	5	Timmermann, Janina	94	TUS Blau Weiss Lohne	TW20	1	1:13:11
		Schwim = 00:13:54 (61) - Rad = 00:34:58 (51) - Lauf = 00:24:19 (50)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
53	48	Ferneding, Jan-Bernd	86	LT Waldschleicher Lohne	TM25	4	1:13:12
		Schwim = 00:13:10 (46) - Rad = 00:35:08 (53) - Lauf = 00:24:54 (63)					
54	49	Gerdes, Christoph	65		TM50	7	1:13:25
		Schwim = 00:14:10 (67) - Rad = 00:34:51 (50) - Lauf = 00:24:24 (52)					
55	50	Leck, Morris	88	KSS Schawe	TM25	5	1:13:27
		Schwim = 00:14:47 (89) - Rad = 00:36:19 (85) - Lauf = 00:22:21 (24)					
56	51		64		TM50	8	1:13:39
		Schwim = 00:13:27 (53) - Rad = 00:35:24 (60) - Lauf = 00:24:48 (61)					
57	52	Meyerhoff, Ubbo	71	Germania Holterfehn	TM40	7	1:13:57
		Schwim = 00:12:46 (39) - Rad = 00:36:03 (79) - Lauf = 00:25:08 (67)					
58	6	Walker-Olberding, Nicole	68	TUS Blau-Weiss Lohne Tria	TW45	2	1:14:07
		Schwim = 00:13:28 (55) - Rad = 00:35:08 (54) - Lauf = 00:25:31 (74)					
59	53	Frerichs, Manfred	58	Emder LG	TM55	2	1:14:14
		Schwim = 00:15:27 (101) - Rad = 00:34:17 (37) - Lauf = 00:24:30 (56)					
60	54	Gloddek, Bertrand	60	Tennisverein Union Meppen	TM55	3	1:14:18
		Schwim = 00:14:40 (86) - Rad = 00:34:23 (39) - Lauf = 00:25:15 (69)					
61	55	Stapelfeldt, Jens	66	TUS BW Lohne Triathlon	TM45	4	1:14:23
		Schwim = 00:11:00 (14) - Rad = 00:37:26 (101) - Lauf = 00:25:57 (84)					
62	56		86	MTV Aurich	TM25	6	1:14:31
		Schwim = 00:14:29 (79) - Rad = 00:35:37 (67) - Lauf = 00:24:25 (53)					
63	57	Wittje, Heiko	63		TM50	9	1:14:49
		Schwim = 00:13:19 (50) - Rad = 00:35:51 (73) - Lauf = 00:25:39 (77)					
64	58		77	LT Tura 07 Westrhauderfeh	TM35	8	1:15:11
		Schwim = 00:16:29 (116) - Rad = 00:33:40 (24) - Lauf = 00:25:02 (65)					
65	59	Horn, Janpeter	65	Team Laufrausch	TM50	10	1:15:14
		Schwim = 00:14:37 (84) - Rad = 00:34:38 (47) - Lauf = 00:25:59 (87)					
66	60	Bergfeld, Olrik	67	QSC Laufen	TM45	5	1:15:23
		Schwim = 00:14:56 (93) - Rad = 00:36:55 (95) - Lauf = 00:23:32 (40)					
67	61	Eichler, Hartmut	57	Holdorfer SV	TM55	4	1:15:28
		Schwim = 00:13:56 (62) - Rad = 00:35:57 (77) - Lauf = 00:24:35 (57) + 1:00 min (Windschattenfahren)					
68	7	Vossig, Tatjana	67		TW45	3	1:15:29
		Schwim = 00:12:21 (34) - Rad = 00:34:09 (34) - Lauf = 00:28:59 (130)					
69	62		66	Weserschwimmer	TM45	6	1:15:44
		Schwim = 00:14:16 (72) - Rad = 00:35:56 (75) - Lauf = 00:25:32 (75)					
70	63	Buscher, Gregor	62	Wardenburger Sommerlauf	TM50	11	1:15:50
		Schwim = 00:15:32 (104) - Rad = 00:36:44 (91) - Lauf = 00:23:34 (41)					
71	64	Burchard, Alexander	73		TM40	8	1:15:51
		Schwim = 00:12:19 (33) - Rad = 00:36:43 (90) - Lauf = 00:26:49 (100)					
72	65	Alexander, Dieter	71		TM40	9	1:15:55
		Schwim = 00:14:38 (85) - Rad = 00:35:39 (68) - Lauf = 00:25:38 (76)					
73	66	Runge, Stefan	67	Triabolos Hamburg e.V.	TM45	7	1:15:57
		Schwim = 00:11:42 (23) - Rad = 00:36:28 (87) - Lauf = 00:27:47 (114)					
74	67	Hempel, Dennis	89		TM25	7	1:16:02
		Schwim = 00:14:01 (65) - Rad = 00:35:56 (76) - Lauf = 00:26:05 (90)					
75	68	Albers, Christian	87		TM25	8	1:16:07
		Schwim = 00:12:27 (36) - Rad = 00:37:46 (109) - Lauf = 00:25:54 (83)					
76	69		57		TM55	5	1:16:27
		Schwim = 00:15:47 (108) - Rad = 00:35:54 (74) - Lauf = 00:24:46 (60)					
77	70		72	BV Garrel	TM40	10	1:16:28
		Schwim = 00:15:08 (96) - Rad = 00:36:52 (94) - Lauf = 00:24:28 (55)					
78	8	Lampen, Britta	84		TW30	2	1:16:34
		Schwim = 00:12:58 (43) - Rad = 00:37:45 (107) - Lauf = 00:25:51 (82)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
79	71		88	TUS Blau Weiss Lohne	TM25	9	1:16:44
		Schwim = 00:14:15 (71) - Rad = 00:36:32 (89) - Lauf = 00:25:57 (85)					
80	9	Falkena, Trintje	82	MTV Aurich	TW30	3	1:16:57
		Schwim = 00:13:46 (57) - Rad = 00:36:19 (86) - Lauf = 00:26:52 (101)					
81	72	Lammers, Andreas	55		TM60	1	1:17:04
		Schwim = 00:15:54 (110) - Rad = 00:34:28 (44) - Lauf = 00:26:42 (98)					
82	73	Heyens, Hans	55		TM60	2	1:17:09
		Schwim = 00:14:48 (90) - Rad = 00:35:41 (70) - Lauf = 00:26:40 (97)					
83	74	Winkelmann, Ralf	65	TV Norden	TM50	12	1:17:17
		Schwim = 00:14:52 (92) - Rad = 00:35:47 (72) - Lauf = 00:26:38 (96)					
84	75	Voges, Jochen	77	Werlte	TM35	9	1:17:27
		Schwim = 00:14:14 (70) - Rad = 00:34:33 (45) - Lauf = 00:28:40 (126)					
85	76	Lindemann, Stefan	67	VfL Lingen	TM45	8	1:17:32
		Schwim = 00:15:04 (95) - Rad = 00:37:20 (99) - Lauf = 00:25:08 (68)					
86	77	Engl, Herbert	57	LT Tura07 Westrhauderfehn	TM55	6	1:17:40
		Schwim = 00:16:36 (117) - Rad = 00:35:19 (59) - Lauf = 00:25:45 (81)					
87	78	Milde, Thomas	62		TM50	13	1:17:54
		Schwim = 00:14:46 (88) - Rad = 00:35:45 (71) - Lauf = 00:26:23 (92) + 1:00 min (Windschattenfahren)					
88	79		56	Lauftreff Ganderkesee	TM55	7	1:18:03
		Schwim = 00:11:00 (15) - Rad = 00:39:20 (129) - Lauf = 00:27:43 (111)					
89	80	Janssen, Bernd	65	Emder LG	TM50	14	1:18:04
		Schwim = 00:15:15 (99) - Rad = 00:34:22 (38) - Lauf = 00:28:27 (120)					
90	81	Kollhoff, Mario	80		TM35	10	1:18:09
		Schwim = 00:16:10 (113) - Rad = 00:35:40 (69) - Lauf = 00:25:19 (73) + 1:00 min (Windschattenfahren)					
91	82	Stegemann, Reinhard	62		TM50	15	1:18:10
		Schwim = 00:13:10 (47) - Rad = 00:35:10 (55) - Lauf = 00:29:50 (141)					
92	83	Bothe, Ralf	65		TM50	16	1:18:11
		Schwim = 00:17:51 (140) - Rad = 00:35:29 (63) - Lauf = 00:24:51 (62)					
93	84	Oltmanns, Peter	70		TM45	9	1:18:28
		Schwim = 00:15:34 (105) - Rad = 00:36:02 (78) - Lauf = 00:26:52 (102)					
94	10	Werner, Tasja	82		TW30	4	1:18:36
		Schwim = 00:15:24 (100) - Rad = 00:37:55 (110) - Lauf = 00:25:17 (71)					
95	11	Friesenborg, Monika	69	Emder LG	TW45	4	1:19:04
		Schwim = 00:14:49 (91) - Rad = 00:35:35 (66) - Lauf = 00:27:40 (108) + 1:00 min (Windschattenfahren)					
96	85	Schultze, Thorsten	69		TM45	10	1:19:12
		Schwim = 00:14:18 (73) - Rad = 00:36:17 (84) - Lauf = 00:28:37 (124)					
97	86	Malter, Thorsten	70	Emder LG	TM45	11	1:19:16
		Schwim = 00:15:10 (98) - Rad = 00:35:32 (65) - Lauf = 00:28:34 (123)					
98	87	Eilers, Hendrik	81	TUS Zetel	TM30	11	1:19:48
		Schwim = 00:16:56 (127) - Rad = 00:35:10 (56) - Lauf = 00:27:42 (109)					
99	88	de Wall, Michael	69	MTV Aurich	TM45	12	1:19:50
		Schwim = 00:14:31 (80) - Rad = 00:38:47 (123) - Lauf = 00:26:32 (95)					
100	12	Wittek, Claudia	69	MTV Aurich	TW45	5	1:20:10
		Schwim = 00:16:37 (118) - Rad = 00:37:36 (103) - Lauf = 00:25:57 (86)					
101	13	Schulte, Lonie	65		TW50	1	1:20:18
		Schwim = 00:13:44 (56) - Rad = 00:36:56 (96) - Lauf = 00:29:38 (139)					
102	89		88		TM25	10	1:20:21
		Schwim = 00:16:59 (129) - Rad = 00:37:17 (98) - Lauf = 00:25:05 (66) + 1:00 min (Windschattenfahren)					
103	90	Krause, Claas	74		TM40	11	1:20:25
		Schwim = 00:16:08 (112) - Rad = 00:34:13 (36) - Lauf = 00:30:04 (144)					
104	91	Habighorst, Ralf	71		TM40	12	1:20:39
		Schwim = 00:14:28 (77) - Rad = 00:36:51 (93) - Lauf = 00:29:20 (135)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
105	92	Essig, Jens	61	TSG Westerstede	TM50	17	1:20:42
		Schwim = 00:17:04 (130) - Rad = 00:37:07 (97) - Lauf = 00:26:31 (94)					
106	14	Gartmann, Judith	87	KRG Schwerin	TW25	2	1:20:45
		Schwim = 00:13:11 (48) - Rad = 00:40:20 (140) - Lauf = 00:27:14 (104)					
107	93	Deters, Jens	71	LT Waldschleicher Lohne	TM40	13	1:21:06
		Schwim = 00:16:56 (128) - Rad = 00:36:05 (80) - Lauf = 00:28:05 (115)					
108	15	Landwehr, Anja	81		TW30	5	1:21:29
		Schwim = 00:15:00 (94) - Rad = 00:40:25 (141) - Lauf = 00:26:04 (88)					
109	94	Busse, Bernd	70	Rennschnecken 33	TM45	13	1:21:39
		Schwim = 00:14:00 (64) - Rad = 00:42:44 (154) - Lauf = 00:24:55 (64)					
110	95	Wasserthal, Heiko	54	Bardenflether TB	TM60	3	1:21:46
		Schwim = 00:14:12 (69) - Rad = 00:39:51 (134) - Lauf = 00:27:43 (112)					
111	96	Reiffers, Jan	66	GVAV Groningen	TM45	14	1:21:49
		Schwim = 00:13:51 (60) - Rad = 00:35:27 (62) - Lauf = 00:32:31 (158)					
112	97	Wigger, Hermann	58	LT Waldschleicher Lohne	TM55	8	1:21:54
		Schwim = 00:15:41 (106) - Rad = 00:38:27 (119) - Lauf = 00:27:46 (113)					
113	16	Parulewski, Nicole	76		TW35	1	1:22:03
		Schwim = 00:17:30 (136) - Rad = 00:39:56 (135) - Lauf = 00:24:37 (58)					
114	98	Drees, Josef	65		TM50	18	1:22:08
		Schwim = 00:16:11 (114) - Rad = 00:37:29 (102) - Lauf = 00:28:28 (121)					
115	99	Bachmann, Ralf	70		TM45	15	1:22:08
		Schwim = 00:16:39 (120) - Rad = 00:35:13 (57) - Lauf = 00:29:16 (133) + 1:00 min (Windschattenfahren)					
116	100	kleine Sextro, Markus	84	VFL Oythe	TM30	12	1:23:02
		Schwim = 00:17:46 (139) - Rad = 00:40:51 (145) - Lauf = 00:24:25 (54)					
117	101	Hacke, Andreas	60	Hase-Team	TM55	9	1:23:09
		Schwim = 00:16:44 (121) - Rad = 00:38:20 (115) - Lauf = 00:28:05 (116)					
118	17	Brockmeier, Anna	94		TW20	2	1:23:10
		Schwim = 00:14:36 (83) - Rad = 00:39:46 (133) - Lauf = 00:28:48 (128)					
119	18	Blank, Ulrike	68	TV Bous	TW45	6	1:23:27
		Schwim = 00:14:11 (68) - Rad = 00:39:57 (136) - Lauf = 00:29:19 (134)					
120	19	Wigger, Irmgard	61	LT Waldschleicher Lohne	TW50	2	1:23:36
		Schwim = 00:16:46 (124) - Rad = 00:38:33 (122) - Lauf = 00:28:17 (118)					
121	20	Runge, Kathrin	69	Triabolas Hamburg e.V.	TW45	7	1:23:40
		Schwim = 00:13:26 (52) - Rad = 00:37:59 (111) - Lauf = 00:32:15 (157)					
122	102	Nipper, Daniel	88		TM25	11	1:23:47
		Schwim = 00:16:49 (125) - Rad = 00:38:20 (116) - Lauf = 00:28:38 (125)					
123	21	Fangmann, Stefanie	81	RW Visbek	TW30	6	1:23:50
		Schwim = 00:15:42 (107) - Rad = 00:40:58 (148) - Lauf = 00:27:10 (103)					
124	103	Simion, Claudiu	84	Der Maulwurf kommt	TM30	13	1:23:54
		Schwim = 00:16:17 (115) - Rad = 00:39:09 (126) - Lauf = 00:28:28 (122)					
125	104		57	LT Wigger/Waldschleicher	TM55	10	1:23:57
		Schwim = 00:12:00 (28) - Rad = 00:41:39 (151) - Lauf = 00:30:18 (147)					
126	105	Litzenburger, Matthias	76		TM35	11	1:24:27
		Schwim = 00:17:44 (138) - Rad = 00:37:40 (105) - Lauf = 00:29:03 (132)					
127	106		57		TM55	11	1:24:49
		Schwim = 00:17:31 (137) - Rad = 00:36:30 (88) - Lauf = 00:30:48 (151)					
128	107	Facklam, Horst	55	Wirdum	TM60	4	1:24:51
		Schwim = 00:17:27 (135) - Rad = 00:38:28 (121) - Lauf = 00:28:56 (129)					
129	108		76	Larifari VEC	TM35	12	1:24:58
		Schwim = 00:16:38 (119) - Rad = 00:41:01 (150) - Lauf = 00:27:19 (106)					
130	22	Ottens, Antje	86		TW25	3	1:25:36
		Schwim = 00:17:13 (133) - Rad = 00:40:41 (144) - Lauf = 00:27:42 (110)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
131	23		82	Jabro Running Team	TW30	7	1:26:05
		Schwim = 00:16:51 (126) - Rad = 00:38:27 (120) - Lauf = 00:30:47 (150)					
132	109	Wilke, Roland	82	TV Cloppenburg	TM30	14	1:26:09
		Schwim = 00:21:14 (163) - Rad = 00:39:13 (127) - Lauf = 00:25:42 (78)					
133	110	Scholz, Sascha	78	TV Cloppenburg	TM35	13	1:26:09
		Schwim = 00:21:22 (164) - Rad = 00:39:03 (125) - Lauf = 00:25:44 (79)					
134	111	Moormann, Manfred	60	LT Waldschleicher Lohne	TM55	12	1:26:14
		Schwim = 00:19:27 (151) - Rad = 00:39:13 (128) - Lauf = 00:27:34 (107)					
135	112	Meyer, Bernd	65	Der Weg ist das Ziel	TM50	19	1:26:41
		Schwim = 00:19:25 (150) - Rad = 00:40:30 (142) - Lauf = 00:26:46 (99)					
136	113	Kortylack, Michael	48	Emder LG	TM65	1	1:26:51
		Schwim = 00:19:04 (146) - Rad = 00:39:37 (130) - Lauf = 00:28:10 (117)					
137	24		72	Holtorfer SV	TW40	1	1:26:58
		Schwim = 00:15:55 (111) - Rad = 00:40:58 (149) - Lauf = 00:30:05 (146)					
138	25	Kallert, Lena	87		TW25	4	1:26:58
		Schwim = 00:18:03 (141) - Rad = 00:42:48 (155) - Lauf = 00:26:07 (91)					
139	26	Rednantz, Anke	69		TW45	8	1:27:05
		Schwim = 00:19:44 (153) - Rad = 00:40:53 (146) - Lauf = 00:26:28 (93)					
140	27	Bonin, Farina	97	Fearless rabbits	wJun	2	1:27:06
		Schwim = 00:15:30 (103) - Rad = 00:40:54 (147) - Lauf = 00:30:42 (148)					
141	114	Rieken, Matthias	87		TM25	12	1:27:11
		Schwim = 00:20:01 (154) - Rad = 00:38:26 (118) - Lauf = 00:28:44 (127)					
142	28	Meiners, Jana-Cathrin	98	BVC Cloppenburg	wJA	1	1:27:19
		Schwim = 00:17:06 (131) - Rad = 00:45:53 (166) - Lauf = 00:24:20 (51)					
143	115	Schmiesing, Hubert	51	M-A-C-H-3	TM60	5	1:27:34
		Schwim = 00:19:10 (148) - Rad = 00:38:51 (124) - Lauf = 00:29:33 (136)					
144	29	Burchard, Heike	74		TW40	2	1:27:39
		Schwim = 00:15:29 (102) - Rad = 00:40:03 (137) - Lauf = 00:32:07 (156)					
145	116	Holznagel, Lothar	61	OTSV Pr. Oldendorf	TM50	20	1:28:08
		Schwim = 00:19:05 (147) - Rad = 00:40:40 (143) - Lauf = 00:28:23 (119)					
146	117	Paul, Hannes	93		TM20	9	1:28:18
		Schwim = 00:15:50 (109) - Rad = 00:37:41 (106) - Lauf = 00:34:47 (165)					
147	118	Diekmann, Edo	59		TM55	13	1:28:20
		Schwim = 00:17:14 (134) - Rad = 00:37:39 (104) - Lauf = 00:33:27 (160)					
148	119		73	SCR Langholt	TM40	14	1:28:20
		Schwim = 00:20:25 (160) - Rad = 00:38:10 (113) - Lauf = 00:29:45 (140)					
149	120	Reinecke, Torsten	74	Betriebsstoffgruppe 1862	TM40	15	1:28:25
		Schwim = 00:16:45 (122) - Rad = 00:41:44 (152) - Lauf = 00:29:56 (143)					
150	121	Westerhoff, Moritz	98		mJA	3	1:29:13
		Schwim = 00:20:04 (155) - Rad = 00:40:09 (138) - Lauf = 00:29:00 (131)					
151	122		42		TM70	1	1:29:21
		Schwim = 00:18:55 (144) - Rad = 00:39:42 (131) - Lauf = 00:30:44 (149)					
152	30	Wolke, Mareike	90		TW25	5	1:29:23
		Schwim = 00:18:08 (142) - Rad = 00:44:00 (160) - Lauf = 00:27:15 (105)					
153	31	Graw, Svea	91		TW20	3	1:29:43
		Schwim = 00:18:25 (143) - Rad = 00:40:18 (139) - Lauf = 00:31:00 (153)					
154	123		62	SV Ofenerdiek	TM50	21	1:29:54
		Schwim = 00:20:09 (156) - Rad = 00:38:25 (117) - Lauf = 00:31:20 (154)					
155	124	Maisel, Guido	64		TM50	22	1:29:56
		Schwim = 00:20:18 (158) - Rad = 00:39:44 (132) - Lauf = 00:29:54 (142)					
156	32	Erfmann, Marion	80		TW35	2	1:30:14
		Schwim = 00:15:09 (97) - Rad = 00:38:19 (114) - Lauf = 00:36:46 (168)					

Ergebnisliste Volkstriathlon

Platz	M/W	Name, Vorname	JG	Verein	Klasse	KP	Zeit
157	125	Melchers, Michael	77		TM35	14	1:30:45
		Schwim = 00:17:10 (132) - Rad = 00:43:31 (157) - Lauf = 00:30:04 (145)					
158	33	Hagestedt, Andrea	88		TW25	6	1:33:07
		Schwim = 00:16:45 (123) - Rad = 00:42:00 (153) - Lauf = 00:34:22 (163)					
159	34	Machate, Sabine	57		TW55	1	1:34:55
		Schwim = 00:20:21 (159) - Rad = 00:43:37 (159) - Lauf = 00:30:57 (152)					
160	35	Kreye, Edith	55		TW60	1	1:36:48
		Schwim = 00:21:39 (165) - Rad = 00:43:34 (158) - Lauf = 00:31:35 (155)					
161	36	Milde, Birgitt	60		TW55	2	1:38:03
		Schwim = 00:20:16 (157) - Rad = 00:45:15 (162) - Lauf = 00:32:32 (159)					
162	126		84		TM30	15	1:38:30
		Schwim = 00:21:12 (161) - Rad = 00:47:42 (167) - Lauf = 00:29:36 (137)					
163	37	Riedel, Anna	85		TW30	8	1:38:33
		Schwim = 00:21:13 (162) - Rad = 00:47:44 (168) - Lauf = 00:29:36 (138)					
164	38	Stadtherr, Wilma	64	Lauffreunde Benteler	TW50	3	1:39:19
		Schwim = 00:19:30 (152) - Rad = 00:45:19 (163) - Lauf = 00:34:30 (164)					
165	39	Meyer, Martina	81	Der Weg ist das Ziel	TW30	9	1:41:06
		Schwim = 00:19:13 (149) - Rad = 00:45:13 (161) - Lauf = 00:36:40 (167)					
166	127		47	Lauftreff Ganderkesee	TM65	2	1:41:21
		Schwim = 00:21:51 (166) - Rad = 00:45:22 (165) - Lauf = 00:34:08 (161)					
167	128		67		TM45	16	1:44:08
		Schwim = 00:23:17 (168) - Rad = 00:45:19 (164) - Lauf = 00:35:32 (166)					
168	129		34		TM80	1	1:49:07
		Schwim = 00:23:35 (169) - Rad = 00:43:27 (156) - Lauf = 00:42:05 (169)					
169	130	Liebich, Dietmar	64		TM50	23	1:52:27
		Schwim = 00:22:25 (167) - Rad = 00:55:49 (169) - Lauf = 00:34:13 (162)					